



Hair Removal

Using no 1 premium hot & strip wax, virtually pain free & can remove hairs as short as 1mm

Full Leg	£29.00
¾ Leg	£23.00
½ Leg	£18.00
Bikini	£15.00
Bikini Extra	£17.50
Play Boy	£22.00
Brazilian	£25.00
Hollywood	£29.00
Full leg & Bikini	£39.00
Forearm	£17.00
Under arm	£12.00
Lip	£10.00
Chin	£12.00
Face (both sides of cheeks)	£12.00
Eyebrows (above & under)	£12.50
Eyebrows (under only)	£10.50
Nose	£8.00
Eyebrow, lip & Chin	£28.50
Eyebrow, lip & Chin & Face	£39.50



Men's Waxing

Back wax	£19.00
Chest wax	£19.00
Shoulders & Nape of Neck	Add £5.00
For all other treatments please look at the sections.	

Opening Hours

Monday	Jasmin & Jayde	9.30am - 6.00pm
Tuesday	Jayde	9.30am - 8.00pm
Wednesday	Katie	9.30am - 8.00pm
Thursday	Jasmin	9.30am - 8.00pm
Friday	Jasmin	9.30am - 5.00pm
Saturday	Closed	
Sunday	Closed	

Gift Vouchers,
Environ, Advanced Nutrition supplements, Jane Iredale
Make-up & O.P.I Products Available
Accept Cash & Debit Card Payments

Cancellation Policy

A 50% Charge will apply if you do not give 24 hours notice when cancelling appointments or no shows also changing booked treatments on the day, any treatments over £100 will require a 50% deposit on booking



The complete nutrition program designed to approach skincare and anti-aging from the inside. Supplements play a vital role in our skin health and our trained advisors will recommend the best supplements for you.

Advanced Nutrition Program products are not intended to diagnose, treat, cure or prevent any disease.



E-Mail: thespacabin@hotmail.co.uk



Multi Award Winning Salon

Beauty Therapist of the Year 2015



Beauty Therapist Of The Year 2021
Excellence In Customer Service 2021

07983599043

www.thespacabin.com

52 Tinkle Street,
Grimoldby,
Louth,
Lincolnshire,
LN11 8SZ

CACI Non-Surgical Treatments

During each 1 hour treatment session all 32 facial muscles are gently manipulated and re-educated by a trained therapist using a series of precise movements. Soft cotton tipped wands are used on the face to transmit the micro-current energy to the facial muscles to restore tone and elasticity.

Results are visible after the very first treatment but a course of ten to twelve treatments is generally recommended. After a course of CACI facial toning treatments facial contours will look lifted and toned. A monthly top up treatment is recommended to maintain results.

The award winning CACI non-surgical facelift system is a serious alternative to cosmetic surgery, offering a safe and natural alternative to the use of botox, fillers or the even more risky and invasive procedures of surgery. The dramatic results achieved using our exclusive technologies has attracted an impressive celebrity following and created huge demand for CACI treatments.

CACI is an acronym for Computer Aided Cosmetology Instrument. The CACI system was developed more than 20 years ago as a technology to treat sufferers of Bells Palsy and Strokes and more recently in the field of medicinal practitioners and physiotherapists in the treatment of muscular and sporting injuries. The Microcurrent toning phase uses a combination of specific waveforms and ultra low frequencies that work in harmony with the body's own bio-electrical field to provide an instant face firming effect.

A unique wrinkle comb applicator combining the synergy of LED red and blue Light Therapy stimulation and high frequency Microcurrent is used to instantly plump out and soften deep lines and wrinkles thereby providing a needle free alternative to collagen injections and other dermal fillers.

CACI 'Super' Non- surgical Face Lift (60 mins) £55.00

Course of 10 (Inc. 1 free) £495.00

Concentrating on all areas including face, neck, eyes and forehead, this treatment uses electrical impulses to stimulate and re-educate the muscles to either relax or contract. Consequently muscle tone is improved, facial contours are redefined and lines and wrinkles are softened and smoothed.

CACI Ultimate Anti- Aging Facial (90 mins) £75.00

Course of 10 (Inc. 1 free) £675.00

This facial incorporates every function of the CACI ULTIMATE SYSTEM. For optimum results it targets skin concerns from every angle. Together with the face lift , LED Light therapy and Hydratone it also

includes the wrinkle comb phase which provides the first non invasive alternative to collagen injections and other dermal fillers which effectively plumps out and softens deep lines, wrinkles, blemishes and stretch marks. The final phase for anti-ageing concerns is microdermabrasion representing a real breakthrough in skin resurfacing suitable for even the most sensitive of skin types. The therapist performs a progressive and controlled skin exfoliation and by removing the superficial layer of skin the complexion is left clearer, smoother and more youthful.

Hydratone Facial (30 mins) £30.00

This express 30 min treatment is tailor made for those with a busy lifestyle and dehydrated skin. For intense hydration and skin firming, the Hydratone facial combines a special electrically conductive hyaluronic gel and vitamin C & E mask with active Microcurrent rollers. The mask becomes charged so that the whole face is bathed with rejuvenating energy, whilst deep lines and wrinkles are plumped out, leaving the skin looking radiant, softer and more youthful.

CACI Booster Facial (60 mins) £55.00

Course of 10 (Inc. 1 free) £495.00

For an intense boost this facial is ideal for a special occasion or an evening out. Combining skin resurfacing and the wrinkle comb phase with the Hydratone mask this treatment will provide immediate radiance and more youthful appearance. Also ideal as a monthly maintenance for those who have had a course of treatments.

Wrinkle Revolution (25 mins) £30.00

The revolutionary non-invasive, needle free alternative to collagen injection and dermal fillers. It plumps out, softens and smooth's fine lines and wrinkles in just one treatment, by combining microdermabrasion and wrinkle comb on target areas.

NEW Jowl Lift (25 mins) £25.00

Course of 10 £225.00

The CACI Jowl Lift facial uses new Quad Probe applicators designed to double the lifting action. this treatment helps to improve the appearance of sagging jowls by using the Quad Probes which have been specifically developed to target the muscles around the jaw line. The Quad Probes emit tiny electrical impulses treatment system thereby enhancing to lift, firm and redefine facial contours.

Anti-Aging Hand Treatment (30mins) £30.00

As seen on 10 years younger. This treatment targets lines and age spots. With the use of microdermabrasion smooth and exfoliate and the wrinkle comb to soften given them a more youthful appearance.

Ultimate Anti-Aging Eye Lift (30 mins) £30.00

Course of 10 (Inc. 1 free) £270.00

Concentrating on the eye area this treatment lifts, smooth's and plumps, erasing fine lines, re-hydrating and repairing the eye area. It works on the most common concerns with aging process such as crows feet, bunny lines and hooded lids. The treatment includes delicate microdermabrasion, use of the wrinkle comb and the Hydratone mask.

Microdermabrasion (Crystal Free) & Light Therapy

30 minutes £30.00

60 minutes (including hydra mask) £50.00

Course of 6 60 min treatments £250.00

This course of treatments is beneficial for all skin types and particularly effective when treating fine lines and wrinkles, sun damaged, skin blemishes, acne, and acne scarring. Using a unique exfoliation technique surface dead skin cells are gently removed, LED light therapy is also used in this treatment to target areas of concern and the Hydratone mask to soften, plump and re-hydrate the skin, Revealing a more radiant, youthful complexion, ideal for mature and sensitive skins

Environ & CACI Combined Treatments

Ultimate Environ Advanced Vitamin Treatment & CACI Combined

3 Areas& CACI (1hr 30mins) £85.00

(Any 3 areas also including anti-ageing hand and arm treatment)

Course of 10 (Inc. 1 free) £765.00

10 Areas & CACI (2hrs) £105.00

(whole face, neck and chest also including anti-ageing hand and arm treatment)

Course of 10 (Inc. 1 free) £945.00

Youth Reset 10 Areas & CACI (2hrs) £105.00

(whole face, neck and chest also including anti-ageing hand and arm treatment)

Course of 10 (Inc. 1 free) £945.00

3 Area & CACI Jowl Lift(1hr 30mins) £75.00

(Any 3 areas)

All the benefits of the advanced Active Vitamin Treatment but also the fantastic lift and tone from the CACI Ultimate non-surgical face lift treatment in one facial.

Children & Teens

Little Ladies

For Under 12's

Little Facial (25mins) £20.00

Cleanse, mini massage and moisturise.

Little Manicure (20mins) £17.00

File & Polish

Little Pedicure (20mins) £17.00

File & Polish

Little Makeover (20mins) £17.00

Make-up application, blusher, eyes and lips.

(All under 16's will require a chaperone)

Teen's Treats

For the 13's – 17's

Express Teen Facial (30mins) £27.00

Double cleanse, exfoliation, mask, mini massage, tone & Moisturise.

Teen Facial (45mins) £37.00

Double cleanse, exfoliation, massage, masque, tone & Moisturise.

Teen Manicure (30mins) £19.50

Cuticles, Mini Massage, File & Polish

Teen Pedicure (45mins) £25.50

Soak in Foot spa, Cuticles, Mini Massage, File & Polish

Teen Make-Up (20mins) £17.00

Make-up application, foundation, blusher, eyes, mascara, lips.

Spa Day Packages

Full Day £190.00

The Spa Cabin Facial, Full Body Massage, Scalp Massage, Deluxe Manicure or Gel manicure & Deluxe Pedicure & Make-Up application. (Includes refreshments).

(Approx. 5.5Hours)

Half Day £114.00

The Spa Cabin Facial, Back, Neck & shoulder Massage, Pedicure. (Includes refreshments)

(Approx. 3.5 Hours)

Lava Relax Massage

Lava Shells Relax body massage is indulgent and truly pampering, offers an idyllic treatment combining the warmth of the shells with deeply relaxing massage techniques, creating a sense of balance to the entire body and mind. During the massage, the shells are worked over the palms, arms, feet and legs in slow deep moves to warm and de-stress. This is followed by wonderfully tranquil massage on the back, neck and shoulder area to ease away all tension, knots and stress. Choose the 90 minute Treatment for an unforgettable sublime experience.

Full Body (90mins) £72.00

Full Body (60 mins) £57.00

Lava Relax Back Massage, this bespoke back massage treatment. The shells glide over the back to warm and relax muscles. The focus then moves onto specific massage techniques working on pressure points and tension areas to ease stress and stiffness, delivering an intense and powerful massage treatment.

Back (45mins) £45.00

Back (30mins) £32.00

Lava Relax Shot Treatment, is a quick shot of instant hot relief to stressed areas, specifically targeting key tension areas of the body this treatment can be tailored to deliver results fast and be added onto other treatments.

Lava Shot Treatment (15mins) £15.00

Lava Rescue Massage

Lava Shells Rescue Massage is an ingenious treatment which will help with everyday aches, pains and restricted range of movement caused by occupational hazards, that can create poor posture and muscle imbalances. This treatment uses alternating hot and cool shells combined with trigger point massage to reduce muscle spasms and relief pain.

Full Body (90mins) £72.00

Full Body (60 mins) £57.00

Back (45mins) £45.00

Back (30mins) £32.00

Lava Mama Massage

Lava Shells Mama Massage is an ingenious treatment which creates a blissful combination of relaxation and gentle massage to ease away aches and pains, particularly focussing on the back, hips and legs. The warm and cool shells assist with pain relief and reduces muscle spasms, effectively supports the Mum-To-Be through out the crucial stages of her pregnancy and miraculous changes to her body.

Full Body (75mins) £67.00

Back (30mins) £32.00

Swedish Massage

A massage ideal for relieving the stress of modern day life, Improves circulation and reduces tension.

Full Body & Scalp (75mins) £50.00

Full Body (60 mins) £40.00

Back, neck & shoulders (30mins) £24.00

Deep Tissue Sports Massage

A deep massage for tired aching muscles reduces tension and perfect to relieve those constant aches and pains. Sports massage is also very good Pre -event or post event massage and injury recovery.

30 Minutes £28.00

45 Minutes £35.00

60 Minutes £42.00

Aromatherapy

A relaxing holistic treatment using essential oils blended to your own personal benefits.

Full Body & Scalp (75mins) £51.00

Full Body (60mins) £41.00

Back, neck & shoulders (30mins) £26.00

Holistic Therapies

Indian Head Massage (30mins) £29.00

Hopi Ear Candling (30/45mins) £29.00

The candles work on a chimney principle, drawing any impurities to the surface where they can be gently removed. They equalise the pressure in the head and ears, making them suitable for most conditions. They can be seen to improve with the following conditions:

- Excessive or compacted wax in the ears
- Irritation in ears and sinuses
- Pressure regulation in cases of : sinusitis , glue ear, colds, flu, headache, migraine.
- Hearing impairment
- Relaxing and calming effect on stress.
- Noises in the ear, ringing, tinnitus

Environ Treatments

CONSULTATION

(30mins)

£20.00

Our expert consultation helps solve any skin issues or needs you may have with expert skin analysis, professional advice and treatment and product recommendations.

The consultation price is redeemable on products and treatments purchased on the day.

ESSENTIAL TREATMENTS

3 Areas (60 mins) £57.00

10 Areas (90 mins) £77.00

Environ's pioneering dual electro-sonic technology sets the benchmark for professional skincare treatments.

Low frequency sonophoresis together with pulsed iontophoresis in combination with Environ's professional skin care products, help deliver more of what skin needs where it needs it most - making a real lasting deference to your skin, for life.

ESSENTIAL YOUTH RESET

Helps soften the appearance of fine lines, sun-damage & sagging skin with our peptide and vitamin packed facial for a more youthful appearance.

ESSENTIAL MOISTURE BOOST

Helps reduce the appearance of fine lines caused by dehydration and increases the plumpness of the deeper layers of the skin. Hyaluronic Acid is the hero ingredient, promoting a moisturised, glowing-looking skin.

ESSENTIAL COMFORT CALM

Ideal for sensitive, irritated skin. A powerful combination of smart ingredients, leaving the skin feeling soothed with a healthy radiance.

ESSENTIAL RADIANCE REVEAL

A targeted solution for sun-damaged or pigmented skin. Boosting the skin with the correct combination of ingredients, results in flawless, radiant-looking skin.

FOCUS-ON TREATMENTS

30 minutes £42.00

Specially developed to target specific areas using Environ's revolutionary dual electro-sonic DF technology, ensuring that your primary skin care concerns are directly addressed. Perfect for when time is limited.

FOCUS-ON FROWN treatment

An iconic peptide blend assists in reducing the appearance of expression and frown lines around the eyes and forehead resulting in a more youthful appearance.

FOCUS-ON EYE treatment

Combining our powerful peptide complexes with Hyaluronic Acid, ensures a completely refreshed, hydrated and youthful appearance.

FOCUS-ON TEXTURE treatment

An intensive combination of the three Environ technologies; Dual **ELECRO-SONIC, COOL PEEL and MICRO PERFUSION** improve the appearance of mild scarring, revealing smoother, evenly textured skin.

FOCUS-ON EVEN TONE treatment

The powerful combination of vitamin A, C and AHA is a unique approach to assist in lightening the appearance of pigmented marks resulting in a more even-toned, brighter complexion.

FOCUS-ON BODY PROFILE (face & body)

This powerful body sculpting treatment will help you to say goodbye to the "orange peel appearance".

The effective combination of active ingredients with our dual electro-sonic DF technology assist in firming and conditioning, and helps to maintain a smoother, suppler and toned-looking skin. This treatment can also improve the appearance of an unwanted double chin.

ENVIRON COOL PEEL® TREATMENTS

45-60MIN £47-£57

Environ's unique Cool Peel Technology is a non-invasive, intelligent skin renewal system developed by Dr Des Fernandes, to safely and effectively help refine, revive and brighten skin. Experience a real, lasting difference to skin through beautiful science.

YOUTH RENEW COOL PEEL

This cool peel treatment assists with reducing the appearance of premature ageing, fine lines, sun-damage and an uneven skin complexion. Discover the power of an intelligent skin peel that will leave the skin looking refreshed and vibrantly youthful.

MOISTURE BOOST COOL PEEL

Designed to gently buff the skin's surface and focus on revitalising dry, tired-looking skin, revealing a healthy-looking glow. This gentle yet effective peel is suitable to do all year round with no visible peeling.

DEEP CLEANSING COOL PEEL

Environ's interpretation of the classic deep cleanse facial. This unique method of deep cleansing the skin is gentle in exfoliating the skin's surface, yet effective in purifying and assisting to control the appearance of congested, breakout-prone skin. This unique, gentle peel helps to achieve visible improvements, leaving the skin looking radiantly healthy and refreshed.

BRIGHT RECOVERY COOL PEEL

This gentle lactic acid cool peel assists with reducing the appearance of premature ageing, fine lines and uneven toned skin complexion as a result of excessive sun exposure.

BLEMISH CONTROL COOL PEEL

This powerful cool peel therapy assists with the management of blemish prone, distressed skin, by purifying, cleansing and assisting to unclog pores and dissolve impurities. Our hero treatment for problematic skin conditions.

VIBRANT-C MICRO PEEL

A concentrated, vitamin C infused peel that is freshly mixed before application to ensure optimal freshness and efficacy. Proven to deliver a healthy complexion with an even skin tone and texture because vitamin C is essential for the skin to function at its best. Excellent choice for sun-damaged, pigmented and mature skins



HD Brows

Celebrity brow treatment, beautifully sculpted brows for everyone! Now thanks to a unique seven step brow shaping treatment, whether your brows are overgrown or over plucked, HD Brows can sculpt your brows into the perfect shape for your face and transform the way you look and feel about yourself.

HD Brows is a seven step eyebrow shaping treatment that focuses on design. It involves a combination of techniques, including tinting, waxing and threading, using specialist HD Brows products. There is also a full range of products you can purchase to enhance your brows in between treatments.

HD Brow Master Technician Jasmin

New Client (45 min-60 mins) £33.00

Including full consultation

Existing Client (30 min-45 mins) £30.00

Master technicians are trained to very highest high definition standards you can achieve with advanced techniques.
(Patch test must be done 48 hours before treatment)

HD Brow Master with Lightening Treatment

(60 min-75 mins) £38.00

Master technicians are trained to very highest high definition standards and this includes normal HD experience with brow hair bleaching techniques.

(Patch test must be done 48 hours before treatment)

HD Brow Master Sculpt Treatment (coming soon)

(90 mins) £

Master technicians are trained to very highest high definition standards. And this includes straightening hairs into place
(Patch test must be done 48 hours before treatment)

HD Brow Express Maintenance

(30 mins) £20.00

Only available from Master Stylists and as a maintenance not a regular treatment. A quicker version of the full treatment, Treatment includes: threading or waxing, tweezing, trimming and finishing with make-up.

Eye Treatments

Eye lash Tint (15 mins) £14.00

Eyebrow Tint (10 mins) £12.00

Lash & Brow Tint (20mins) £24.00

(New clients must have a patch test 24 hours before tinting)

Nouveau Lashes LVL

LVL Enhance Treatment is perfect for everyday, special occasions or holidays adds length, volume and lift to your natural lashes without adding any extensions and no infill's, creating an enhanced look, LVL lifts the lashes from the root for the appearance of added length and volume and the additional lash tint creates a mascara-like effect. Effect lasts for 6-8 weeks use conditioning serum to keep your lashes looking great for longer.

LVL (1hour) £47.00

(Patch Test is required 24-48 hrs before treatment)

LVL Advanced (1hr— 1hr 30mins) £55.00

bespoke LVL treatment which also includes lower lashes

(Patch Test is required 24-48 hrs before treatment)

HD Brows & LVL (2hour) £65.00

(Patch Test is required 24-48 hrs before treatment)

Classic Extend Lash Extensions

State of the art individual lash extensions applied following our innovative weight for weight guidance using a single lash applied to a single natural lash, for ultimate professional finish, giving added length and volume with a flawless finish; they look like they're all your own lashes can be kept natural or boosted for more glamour. Maintenance required every 2 –3 weeks.

Classic Advanced

Full Set (1 ½ hours - 2 hours) £60.00

(Patch Test is required 24-48 hrs before 1st treatment)

Maintenance Infill's

30 minutes £20.00

45 minutes £25.00

60 minutes £30.00

NOUVEAU® | EXTEND
L A S H E S | EXPRESS
| ENHANCE

Express individual Lash Extensions

Express lash extensions can be applied in just 20 mins giving you a professional set of lashes that will last up to 2 weeks great for special occasions weddings etc. they are maintenance free, after two weeks must return for professional removal or purchase the removal home kit.

Express Natural Full Set (20 mins) £20.00

(Patch Test is required 24-48hrs before 1st treatment)

Express Fuller Look Full Set (30 mins) £30.00

(Patch Test is required 24-48 hrs before 1st treatment)

Express Fillers Lash Extensions

Express lash fillers or clusters achieves a beautiful, fuller look in just 15 mins, they last up to 1 week great for special occasions, weddings etc. they are maintenance free, must return for professional removal or purchase the removal home kit.

Express Fillers Full Set (20-30 mins) £20.00/£30.00

(Patch Test is required 24-48hrs before 1st treatment)

Express Strip Lash Extensions

Express strip lashes are fast, easy to apply and provide superb results. They can be applied professionally in-salon using salon grade stronger glue or sold to clients to apply themselves at home. Strip lashes should generally only be worn during the daytime/evening and removed at night before sleeping. Choose from 4 designs in natural 4 designs in volume and 4 designs in Glamour.

Express Strips Lashes

Applied in salon (15 mins) £12.00

Applied yourself at home £8.99

Lower lashes individual £12.00

Lash soak off Removal £15.00

The Spa Cabin Facial Treatments

The Spa Cabin Express Facial (30mins) £33.00

Cleanse, Deep Cleanse, exfoliate, mask, tone and moisturise. Leaving the skin feeling clean and refreshed.

The Spa Cabin Facial (60mins) £48.00

Same as above with added pressure point facial massage, hand and arm massage during mask, tailor made just for your skin concerns, total relaxation.

The Signature Glow Facial (60mins) £52.00

(75mins) £64.00

(This Treatment Changes Seasonally to give you different smells and experiences to complement the current season, i.e. pumpkin spice, Christmas spice & spring fresh etc.)

Includes: Deep Cleanse, Hot towels, enzyme peel & Steam, extractions (if needed), Gua Sha Massage, Jelly Mask with hand & arm massage, and hydrating moisturiser & spf to finish.

Reflexology Treatments

Reflexology with Jayde (60mins) £35.00

Coming soon !

SkinPen Microneedling Treatment

Consultation (45mins) £25.00

(redeemable against treatment)

Must have a consultation prior to booking a treatment!

Single treatment with Jasmin (60mins) £180.00

Course of 3 (wait 4-6 weeks between) £485.00

(New clients must have a patch test for anaesthetic cream at least 48 hours before)

What is SkinPen Micro-needling & How does it work?

SkinPen Precision is an award-winning mechanical micro-needling device that organically stimulates the skin's natural ability to repair itself. As we age, our skin's natural architecture deteriorates, Collagen depletes, and ageing signs set in. This deterioration leads to fine lines, wrinkles, large pores, and uneven skin texture.

SkinPen comfortably creates thousands of controlled micro-injuries in the skin to trigger the body's natural wound healing process. This process results in the formation and remodelling of Collagen, which supports the underlying tissue. Results continue to work up to 4-6 months, producing 400% more Collagen in a single treatment – A course of 3 treatments is recommended for optimal results.

It's a natural, organic treatment, which is non-invasive, with zero downtime. The results leave your skin looking smoother, youthful, and tighter, softening the fine lines, wrinkles, and smoothing scarring.

Celebrity Endorsements – SkinPen treatment has openly been endorsed by Victoria Beckham, who filmed herself having the treatment and posted it onto her Instagram. Amanda Holden went live on Heart Radio and her own Instagram to speak about the great results she has enjoyed.

What does the treatment involve?

The treatment itself takes 30 minutes to complete, plus another 30 minutes to prep and cleanse the skin before and after. The client will feel a mild sunburn feeling post-treatment and clients are sent home with a post-treatment Rescue Serum to apply 1-4 days afterwards. The treatment is safe on all Fitzpatrick skin types and is effective on all body parts, including the face, neck, décolleté.

SAFETY FIRST – An award-winning micro-needling device, SkinPen is the safest device on the market, globally, with zero chance of any cross contamination. SkinPen Precision is the world's first FDA Cleared, Class IIa medical grade, CE Certification, and Globally ISO certified, and BSI accredited. And have a council licence to perform this treatment.

Jenifer Young Cancer treatments

Coming Soon !

Facial (60 mins) £

Indulgent Massage (60 mins) £

Nourishing Manicure £

Beautiful Pedicure £

Indian Head massage £

Welcome to

The Spa Cabin

The Spa Cabin is situated in the back garden of my home, in the village of Grimoldby, near Louth in the heart of Lincolnshire.

we offer a wide range of beauty treatments for men, women and teens. I also retail the Top skin care brand Environ

The Spa Cabin is a Multi award winning, open plan fully equipped salon in a luxury Log cabin, At The Spa Cabin "I believe in delivering a one to one quality and professional service, without being rushed for time."

I have been a fully qualified therapist many Years and have a real passion for my work. I hope you enjoy your time here at The Spa Cabin.

The Spa Cabin Team
xxx

Nail Art

Hand painted designs either on artificial nails, natural nails or toe-nails.

Full Set Child	From £15.00*
Full Set Adult	From £20.00*
One Nail	From £2.50*
Gems	From £10p*

*Designs & prices vary (Time depends on design chosen)

O.P.I Manicure & Pedicure

Manicure (45mins) £23.00
Includes hand soak, cuticle work, file, a relaxing hand and arm massage and nail polish of your choice.

Deluxe Manicure (60mins) £28.00
Same as manicure with exfoliation & mask or paraffin wax and thermal mittens. Ideal for softening cuticles, moisturising dry hands delivering the perfect heat to help with inflammation and aching joints.

Pedicure (60mins) £33.00
Includes foot soak, cuticle work, file, removing of hard skin, leg and foot massage and polish of choice, **In the luxury built in Foot Spa.**

Deluxe Pedicure (75mins) £38.00
Same as pedicure with exfoliation mask or paraffin wax and thermal booties. Ideal for softening hard skin on the balls of feet, moisturising dry feet delivering the perfect heat to help inflammation and aching joints.

File & Paint (30mins) £16.00
Removal of old polish, file and polish of choice

O.P.I Soak –off Gel Color Manicure & Pedicure

Get the must have 14 Day manicure using a soak-off UV gel polish , you can say goodbye to chips, scratches and smudges.

Gel Manicure/ Gel on Toes (60mins) £28.00
Includes shaping of nails, cuticle work, application of gel colour of your choice and hand's moisturised.

Gel Pedicure (75mins) £38.00
Includes removal of hard skin, shaping of nails, cuticle work, foot scrub, application of gel colour of your choice and foot moisturised.

Soak Off (15mins) £11.00
Includes removal of gel, Cuticle work and hand's or feet moisturised.

Soak Off & Re-Gel Manicure (75mins) £33.00
Includes removal of gel and then a full gel manicure

Soak Off & Re-Gel Pedicure (90mins) £43.00
Includes removal of gel and then a full gel pedicure

Jane Iredale Skin Care Mineral Make-Up

Jane Iredale's skin care Makeup combines the most up-to-date colours with skin- care benefits that conventional make-up can only envy:

- Non- comedogenic, will not block pores.
- Virtually no allergy risk.
- All products have been sensitivity tested.
- Broad-spectrum UVB and UVA protection - up to SPF 30. UVA tested at High.
- Anti - inflammatory, helps to calm and soothe irritated skin.
- Very water resistant rating by an FDA - approved lab.
- Complete coverage for skin conditions like acne, rosacea and redness following treatments like facials, microdermabrasion, waxing, even chemical peels and laser.
- Contains no talc or parabens.
- Composed of inert minerals that cannot support bacteria.
- No products have been tested on animals.

Performed by a Jane Iredale Make –Up Artist

Colour Matching	FREE
On the go Make-up	£25.00
Any Occasion	£40.00
One to one lessons	£50.00
Bridal make-up on the day	£60.00
Bridesmaids/ Extra Make-Up On the Day	£35.00
Bridal Trial Make up	£50.00
Bridesmaids/ mother of bride	
Trial Make up	£40.00

** £10 travel from salon fee Plus 55p per mile*

Wedding Packages

Blushing Bride £240.00
Bridal make-up including trial session, HD Brows, LVL lash lift and tint, Gel Manicure & Gel Pedicure. (Saving £20.00)

Beautiful Bride £154.50
Bridal Make-up including trial session, strip lashes, eyebrow wax & Gel Manicure (Saving £10.00)